

LESSON 5 TEACHING OUTLINE

OCTOBER 4, 2026

FAMILY THEME

Who Is the Holy Spirit?

STUDY TEXT

JOHN 14:16-26; ACTS 2:1-4

Connect

VIDEO: Begin by showing this video that explains the Holy Spirit's role in Creation: tinyurl.com/D6Third.

GAME: Divide into three smaller groups. Assign each group one of the following: "God the Father," "Jesus," or "Holy Spirit." Give each group 60 seconds to list as many words or phrases as they can that describe or are associated with their Person of the Godhead. Ask the group assigned "Holy Spirit" if they found this more difficult than the others groups? If so, why do they think that is?

CULTURAL MOMENT: Ask your group, *How have you seen the idea of "spirit" misunderstood in culture?* After discussion, explain that many people carry those same assumptions into their understanding of the Holy Spirit. Say, *Today we'll see how Scripture defines the Holy Spirit.*

Teaching the Truth

BIG IDEA 1: The Holy Spirit Is God and Has Been Present and Active From the Beginning of Creation (Genesis 1:1-2; Psalm 139:7-10)

Live It Out: Recognize and reflect on who the Holy Spirit truly is.

- *Why is it important that the Holy Spirit is part of the Trinity and not separate from God?*
- *What difference does it make that the same Spirit present at Creation is still at work today?*

Live It Out: Reflect on the reality of the Holy Spirit's constant presence.

- *What does Psalm 139 teach us about the Holy Spirit's presence in every part of our lives?*
- *In what ways can remembering God's constant presence bring both comfort and conviction?*

Encourage your learners to memorize the Family Scripture of the Month (**Colossians 2:6-7**) along with family members.

Pass out copies of the AH 5-2 Adult Member Outline.

BIG IDEA 2: The Holy Spirit Dwells in Every Believer
(John 14:16–17; Acts 2:1–4; 1 Corinthians 6:19)

Live It Out: Consider what changed when the Holy Spirit was given to all believers at Pentecost.

- *Why is it significant that the Holy Spirit now dwells in every believer, not just a select few?*
- *What does this change reveal about God’s desire for a personal relationship with us?*

Live It Out: Reflect on what it means that the Holy Spirit lives within every believer.

- *How does knowing that the Holy Spirit lives within you affect how you view your daily life?*
- *In what ways could remembering the Holy Spirit’s presence shape your choices or priorities this week?*

BIG IDEA 3: The Holy Spirit Helps Us Know and Follow Jesus
(John 14:26; 15:26)

Live It Out: Pay attention to how the Holy Spirit helps you know and understand Jesus.

- *What are some ways the Holy Spirit helps us better understand God’s truth?*
- *How can we become more receptive to the Spirit’s work in helping us know Jesus?*

Live It Out: Respond to the Holy Spirit’s work in your life this week.

- *How have you seen the fruit of the Spirit growing in your life over time?*
- *How has the Holy Spirit been working in your life recently to make you more like Jesus?*

Respond

FAITH AT HOME: Encourage group members to take one intentional step this week to talk about the Holy Spirit with their family, friends, or roommates. Encourage them to read one of the key passages from this lesson together and talk about what it teaches.

SHARING ONE’S FAITH: Encourage group members to look for one opportunity this week to share what they have learned about the Holy Spirit with someone else.

REFLECTION: Encourage learners to spend time this week intentionally depending on the Holy Spirit in one specific area. Challenge them to pause and pray, asking the Holy Spirit to help them in that moment.

Distribute copies of *As You Go* (AYG-5) and encourage your learners to complete the daily devotions in their *D6 Discipleship Journals* this week.